# List of Marie Curie Costs



During your talk you might like to include how much some items cost, to help demonstrate how much their donation can help.

This is a small selection, but we can provide more options with larger cost examples on request. Please speak with your community fundraiser.

If you want to discuss other potential cost options, please email <a href="mailto:speaker@mariecuire.org.uk">speaker@mariecuire.org.uk</a>

#### Nursing

- £1 puts a pen torch in the pocket of a Marie Curie Nurse or doctor, so they can do vital examinations of the people in their care.
- £20 pays for an hour of expert care and emotional support for someone living with a terminal illness, in the comfort of their own home.
- £29 pays the running costs of your local care co-ordination centre for an hour, so that as many people as possible have access to the care they need, when they need it.
- £41 kits out a Marie Curie Nurse, so they're ready to face anything with a smile and the sense of pride that their uniform brings.
- £400 pays the running costs of your local care co-ordination centre for a day, so that Marie Curie Nurses can provide hands-on care in the homes of the people that need it.

### Hospice

- £3 pays for beautiful spring bulbs, ready to be planted in one of our hospice gardens and enjoyed by patients and visitors while taking a relaxing stroll or looking out of their window.
- **£3** pays for someone staying in a hospice to enjoy a delicious, nourishing meal.
- £15 pays for a selection of today's newspapers and the latest magazines for everyone at a hospice to enjoy, bringing them a welcome distraction and a sense of normality.
- £16 sponsors a hospice bed for an hour, meaning someone living with a terminal illness can get expert care when they need it most.
- £20 pays for a set of scented aromatherapy oils for a hospice to use in complementary therapy sessions, creating a relaxing sensory experience for patients and their loved ones.
- £25 pays for materials for an art therapy session, helping people in our hospices get creative and taking their mind off their worries, so they can relax and unwind.
- £25 pays for a bereavement counsellor to listen, sooth and support someone who's grieving for an hour.
- £28 pays for a physiotherapist to assess and treat a patient for an hour, helping them ease their physical symptoms through movement and exercise.
- £30 pays for a month of fuel for one of our volunteer drivers, who each give up their time to transport people to and from our day therapy centres.
- £390 sponsors a hospice bed for a day, meaning someone living with a terminal illness can get expert care when they need it most.



## **Information & Support**

- £32 pays for a call to our Support Line, meaning someone in need can pick up the phone and receive practical information and emotional support.
- £57 pays for an hour of clinical support from an expert nurse via our Support Line, so there's always someone with the right knowledge and experience to answer questions about terminal illness.

### **Helper Volunteer Service**

- £17 pays for a Helper volunteer to visit a person living with a terminal illness, offering companionship and support in a person's home or over the phone.
- £311 pays for a Helper volunteer to support a household for a year, offering a friendly ear and helping to get things done.

#### Research

- £36 sponsors a hospice-based research fellow for an hour, helping them to improve the ways that people are cared for at the end of their lives.
- £2,000 pays for the creation of an open access publication, to make research available to everyone who needs it.



All figures are from Marie Curie The cost of our services: 2019/20 edition

