

Free information and support booklets

For anyone with an illness they're likely to die from, and those close to them

Order at mariecurie.org.uk/publications or by calling **0800 090 2309***.

Complete booklet catalogue

This is a full list of Marie Curie's information booklets and resources about our national support services.

Planning ahead

[Planning ahead](#) (M379)

[LGBTQ+: Getting care and planning for the future](#) (M366)

[Planning ahead for myeloma patients](#) (B144)

Getting support

[Being cared for at home](#) (M370)

[Caring for someone at home](#) (M372)

[Getting care and support](#) (M381)

[Help with energy bills and the cost of living](#) (M371)

Managing symptoms

[Ascites and ascitic drainage](#) (M395)

[Eating and drinking in dementia towards the end of life](#) (M65)

[Difficulty swallowing](#) (M368)

[Having a syringe driver](#) (M367)

[Managing breathlessness](#) (M380)

[Managing fatigue](#) (M378)

[Managing pain](#) (M377)

[Preventing pressure damage \(pressure sores\)](#) (M382)

When someone dies

[Being there for someone with a terminal illness](#) (M373)

[Keeping active](#) (M376)

[Living with a terminal illness](#) (M375)

[Supporting children when someone has a terminal illness](#) (E371)

When someone dies

[Coping with grief](#) (M383)

[Supporting children when someone dies](#) (E372)

[What to expect at the end of someone's life](#) (M374)

[When someone dies](#) (M369)

Easy Read (picture-based booklets)

[Who can help?](#) (M1040)

[Your work and money](#) (M1035)

[Your family and friends](#) (M1036)

[Your feelings](#) (M1037)

[How to keep comfortable, healthy and happy](#) (M1043)

[For carers – Who can help?](#) (M1044)

[For carers – Looking after yourself](#) (M1041)

[For carers – Money and work](#) (M1045)

[Feelings you might have when someone dies](#) (M1042)

Other languages

[Welsh – Being cared for at home | Cael gofal yn eich cartref](#) (M370B)

[Welsh – Caring for someone at home | Gofalu am rywun gartref](#) (M372B)

[Welsh – Coping with grief | Delio â galar](#) (H372W)

[Welsh – When someone dies | Pan fydd rhywun yn marw](#) (A025B)

[Welsh – Information and Support Services poster](#) (M390D)

Information about support services

[Information and Support Services leaflet](#) (M390e)

[Information and Support Services poster](#) (M390a)

[Information and Support fold out Z-card](#) (M362E)

Information and Support cardboard Z-card holder display box (M394B)

[Support Line 'Here to help' card](#) (M385)

[Telephone Bereavement Service leaflet](#) (M397A)

[Companion over the phone leaflet](#) (M396A)

[Energy support poster](#) (M047D)

[Energy support leaflet](#) (M047C)