## Compassionate Workplaces training



Giving employers in the East of England practical advice and support for managers and employees about terminal illness, death and bereavement in the workplace.

Visit mariecurie.org.uk/compassionate-workplaces



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As managers and colleagues, when someone at work is affected by terminal illness or bereavement, we want to help. But it can feel like a minefield where no one quite knows what to do or say. Deadlines and the pressure of work can also get in the way. But this lack of openness and support at work can make things worse for people during the hardest of times.

#### Employers have a key role to play

Work is where we spend a large proportion of our time and where many of us find identity, meaning and connection.

At Marie Curie, we know that responding compassionately to staff affected by terminal illness or grief is not only the right thing to do, it's also good for business. Providing employees with better support can help prevent bigger issues, boost productivity and grow loyalty.

#### Equipping managers, supporting employees

The **Compassionate Workplaces** programme helps employers support staff affected by terminal illness or grief, equipping managers with the tools they need to help their teams through this difficult time.

### Participants can request a Continuing Professional Development (CPD) certificate of attendance.

"I've always felt awkward and avoided discussion about death in the past. But the way the training was delivered made it very acceptable – and a part of life that should be as easy to talk about as any other."

**Compassionate Workplaces training attendee** 

Find course dates and more information **mariecurie.org.uk/compassionate-workplaces** 

#### Module 1 Managing terminal illness at work – for managers

Employers have a duty of care to all their staff, yet they rarely consider the specific needs of team members affected by terminal illness. In this session, we'll provide advice on how to respond with flexibility and compassion.

#### Module 3

#### Understanding grief and bereavement

Grief affects everyone differently. Understanding grief can help us process our own experiences, and support colleagues who've been bereaved. In this session, we'll provide advice on how to talk to someone at work who is recently bereaved and how to help them access further support.

#### Module 2 Managing grief and bereavement at work – for managers

Over half of employees would consider leaving their employer if treated badly following a bereavement, yet just one in three employers has a policy in place. In this session, we'll look at what your company can do to handle grief better at work – from developing a bereavement policy to guidance for managers.

#### Module 4

#### **Planning ahead**

Talking about death and dying can be challenging. But whatever stage you're at, planning ahead can be helpful – for you and those close to you. In this session, we'll look at how to open up the conversation and at key things to consider – from advance care plans and power of attorney to Wills and funeral wishes.

For more information, or to discuss an individual session for your company, email **eastofenglandevents@mariecurie.org.uk** 

# Whatever your question, we're here to help

If you, or someone close to you, is affected by any terminal illness, or bereavement, Marie Curie can help you with all the practical information and emotional support you need.

Our trained team, including clinical advisers, offers free practical and emotional support on everything from symptom management and day-to-day care, to financial information and bereavement support. Our phone support is available in over 200 languages.



Call our free Support Line 0800 090 2309\*



Chat to us online **mariecurie.org.uk/gp-support** 



Find information **mariecurie.org.uk/gp-support** 



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Speak to an Energy Support Officer 0800 090 2309\*

\* Your calls may be recorded for training and monitoring purposes. Please check the website for Support Line opening hours.